

Essential Packing List for Camino De Santiago, Galicia Spring Packing List

by <https://WhereintheworldisKate.com>

Essentials

1 pair [Asics Nimbus 20](#) shoes - I have custom orthotics too

Flip-flops - for the shower

[6 pair of socks](#) - my socks have to be clean so I overdo the socks

2 [hiking pants](#)

2 sports bras

3 undies

1 [compression leg sleeve set](#) (one for each leg)

2 [fast dry tee shirts](#)

2 [fast dry long sleeve shirts](#)

1 [lightweight WATERPROOF Gortex Jacket by Mamout](#)

1 32 Degrees lightweight waterproof jacket, in case I get drenched- I got mine at Costco

2 [lightweight wool long sleeve shirts](#) and for [layering add this one two](#)

1 [lightweight fleece, amazon basic](#)

1 [packable lightweight down vest](#)

PJ's

Baseball cap - folding with a big bill to protect against the sun

[Bathing suit - 1 piece](#)

[Sleeping bag liner](#) - in case you need clean sheets

1 [Microfiber towel](#)

Extras - Essential Packing List for Camino de Santiago

Galicia Packing List should include spring extras

1 neck scarf that can be a hat or face cover or cover neck

[Warm hat](#) or a rain hat

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[Under Armour gloves](#)

Rain poncho - that covers your backpack or a backpack cover, you might want both. I got mine from REI

Hiking Tools for 'The Way' of St James

[Carbon fiber trekking poles](#), collapsible, with cork handles

Backpack bladder

[24-liter Osprey backpack](#)

Headlamp

Snacks in 'The Way' of St James Packing List

[Hydration pills](#)

[Fiber pills](#)

Ibuprofen

[Sunscreen](#)

Benadryl – relieves sunburn, stings, allergic reactions and bug bites, check with dr. to make sure

Meds you normally take

Epi-pen if you need one

First aid kit - with KT tape, compass, Chapstick, whistle, antiseptic cream, mole pads for blisters

Money belt

Reading glasses

Sunglasses

Electronics - Camino de Santiago Packing List

[Cell phone /power pack booster and recharging cords](#)

[Canon Camera - Power Shot](#)

[Kindle /Kindle screen saver](#) /portable reader/iPad or tablet

Journal

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[Travel adapter](#)

[Noise canceling headset wired or wireless](#) for the airplane and to get away into your music

Toiletries

Clothing soap

[Kiss-off spot](#) remover

[Earplugs](#)

2 travel size toilet paper

3 travel size tissues

Tennis ball and golf ball to massage your feet and legs

Plastic bag to take out what you bring in :)

#1 Tools

#2 Meds & First aid

#3 Electronics

#4 Undies, Socks, PJs, Sports bras

#5 Dirty things

Travel tips: Check out the hikes in your area to practice. Buy the things you will bring and use them before you walk 'The Way' of St James.