

# Where in the World is Kate?

## TRAVEL TALES, TIPS, AND PICS

### Pack a Simple Wardrobe

1. Pick a Single Color to pack so everything matches, and so I can look stylish
2. Mix and matching make many possible travel outfits. Swapping outfits and be eclectic
3. Bring a scarf with a secret pocket it keeps me safe, warm and looks great
4. Wash clothing daily - Regularly, use the bathroom sink and the shower to wash clothing.
5. Purse - fold-able and stuff-able, are high on my list of must haves
6. Bring three bras - 2 sports bras, one beautiful bra, and five underpants
7. Tops - 3 blouses, two pants, (1 yoga pants and one other)
8. No shorts - there are a lot of places you shouldn't wear them, men shorts, below the knees
9. Workout clothes - pack one workout top, one workout bottom,
10. Bottoms - 1 skirt, one dress, 1 maxi dress or skirt
11. Cover ups - 1 sweater, one pouch stuff-able vest, one pouch stuff-able down jacket matches everything
12. A bathing suit - swim cover up, deck or beach shoes
13. Shoes - flip flops for shower
14. Outdoor shoes, wear boots on the plane, one pair of running shoes with orthotics, three pairs of socks
15. Airplane slippers - Fold-able and stuff-able
16. Pack one sleep outfit - lounge pants and sweat top with a zipper,