Shortlist Must Have Travel Gear List

Earbuds

Sunscreen

Sunglasses

Umbrella

Whistle

Hat

Shower Flip Flops

Sanitize Wipes or Gel

Rash Shirts Long Sleeve Shirt

Medicines
• Prescriptions
Travel Medicine
• Generic – Tylenol
• Q-tips
Ace Bandage
• Benadryl
• Eye mask
 Plugs for sleeping – is there a snoring in the next seat
At Home
Turn on Ring, home security and monitoring
• Lock doors
• Lock window
Tell a Neighbor
 Hold garbage, cable and the postal service

• Bring Water or 50 ML Container

My Other Travel Essentials